

THE FREDERICTON MEDICINE SHOPPE COMPOUNDING THE BENEFITS

Update for Co-op Members

Medicine Shoppe News

Check out our attractive NEW website to learn more about the programs and services we offer:

www.medicineshoppenb.ca

Planning a trip and need immunizations?

Book a travel consultation with a certified immunization pharmacist at The Medicine Shoppe Pharmacy, so you can receive the necessary vaccine(s) and helpful health-related advice to ensure your trip is as enjoyable as possible.

Call 453-1324 to set up your appointment

Let the good times roll this summer!



If the early warm weather is any indication, it is shaping up to be a fantastic summer! But as summer sets in, so do many of the minor ailments that send people to see their pharmacists.

Whether you're spending the weekend paddling at the lake, taking care of that long overdue yard work, careening down

mountain bike trails, or fine tuning your golf swing, muscle stiffness, aches and strains are a common complaint.

If you are suffering from muscle pain, stiffness, or cramping be sure to ask about our **Magnesium Muscle Therapy**. Magnesium is the fourth most abundant mineral in the body and is essential for good health. It is needed for more than 300 biochemical reactions and plays an essential role in maintaining normal muscle function. Available as a 10% cream to be used as needed, or a 600mg capsule to be taken everyday this is definitely a summer (and year round!) medicine cabinet essential.

Bug bites be gone . . .

Bug bites are a common nuisance leading to itchy, red, and swollen skin. **Diphenhydramine Anti-Itch Gel** works directly at the source by blocking the chemical in your body that causes the itch. Great for children, this topical gel spreads easily, allowing for a cosmetically appealing effect.

Sunburn Relief

Even when taking the proper precautions (protective clothing and sunscreen) sunburns can still happen. For sunburns causing only mild pain, itching, and dryness, relief can be achieved with a **Hydrocortisone Lotion**. In addition to its active ingredient, this lotion is made almost entirely of water, allowing it to moisturize, soothe, and rejuvenate damaged skin.

The Medicine Shoppe
100% Pure Pharmacy™

We are a registered compounding pharmacy with the Professional Compounding Centers of America (PCCA). Our team of dedicated compounding pharmacists, Mike Duffy, Daniel Pike, Carla Hebert, Karen Reeves, and Greg MacFarlane have received specialized training so we can better meet your unique health needs.